

The list below is an overview of task that our ANGEL can perform or help with:

- Companionship & conversation
- Sort and/or read mail
- Arrange appointments
- Assist with walking
- Letter writing and correspondence
- Reading
- Meal planning
- Meal preparation
- Make bed
- Assist with entertainment
- Answer the phone
- Answer the door
- Basic grooming
- Apparel selection assistance
- Care of house plants
- Appointment reminders
- Discuss current & historical events
- Assist in decision making
- Participate in crafts
- Play games/cards
- Sewing assistance
- Monitor diet and eating habits
- Organize recipes
- Light housekeeping
- Laundry
- Iron clothes
- Wash dishes
- Take out garbage
- Change linens
- Vacuuming
- Drop off / pick up dry cleaning
- Pick up prescriptions
- Dust & polish furnishing
- Organize/clean closets & pantries
- Clean kitchen cupboards
- Clean oven
- Prepare grocery list
- Supervise home maintenance
- Oversee home deliveries
- Coordinate lawn care
- Clip coupons for shopping
- Weather awareness
- Light exercise assistance
- Review phone messages
- Assist with pet care
- Monitor food freshness & expirations
- Mail bills & letters
- Buy newspapers, magazines, books
- Rent & play VCR movies
- Plan visits, outings & trips
- Visit neighbors, friends, family
- Religious reading & discussion
- Birthday & anniversary reminders
- Maintain client calendar
- Maintain family scrapbook
- Record family history
- Medication reminders
- Escort to Doctors appointments
- Meal preparation
- General shopping
- Grocery shopping
- Preparation of future meals
- Escort to lunch and dinner
- Incidental transportation
- Attend lectures. Plays, concerts
- Attend religious services
- Attend club meetings
- Attend sporting events
- Airline departure and arrival assistance
- All activities of a companion
- Clean refrigerator